



Forgive Luke 17 Laws and Myths of Boundaries

The 10 Laws of Boundaries:

Law #1: The Law of Sowing and Reaping

There are consequences to our choices.

“You reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit.” Gal 6:7-8

Law #2: The Law of Responsibility

We are to love one another, not be one another. I can't feel your feelings for you. I can't think for you. I can't behave for you. I can't work through the disappointment that a limit brings for you. In short, I can't grow for you; only you can. Likewise, you can't grow for me. The biblical mandate for our own personal growth is “Continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose.” Phil 2:12-13 You are responsible for yourself. I am responsible for myself.

Law #3: Law of Power

Romans 7:15-23

¹⁵ For what I am doing, I do not understand. For what I will to do, that I do not practice; but what I hate, that I do. ¹⁶ If, then, I do what I will not to do, I agree with the law that it is good. ¹⁷ But now, it is no longer I who do it, but sin that dwells in me. ¹⁸ For I know that in me (that is, in my flesh) nothing good dwells; for to will is present with me, but how to perform what is good I do not find. ¹⁹ For the good that I will to do, I do not do; but the evil I will not to do, that I practice. ²⁰ Now if I do what I will not to do, it is no longer I who do it, but sin that dwells in me. ²¹ I find then a law, that evil is present with me, the one who wills to do good. ²² For I delight in the law of God according to the inward man. ²³ But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

1. You have the power to agree with the truth about your problems. [Confession]
2. You have the power to submit your inability to God.
3. You have the power to search--asking God and others to reveal more about what is within your boundaries.
4. You have the power to run from the evil that you find within you. [Repentance]
5. You have the power to humble yourself and ask God and others to help you with your developmental injuries and leftover childhood needs.
6. You have the power to seek out those that you have injured and make amends.

Law #4: The Law of Respect

“So in everything do to others what you would have them do to you.” Mathew 7:12

Law #5: The Law of Motivation

Recognize what is motivating you.

1. Fear of loss of love or abandonment.
2. Fear of others' anger.
3. Fear of loneliness.
4. Fear of losing the 'good me' inside.
5. Guilt.
6. Payback.
7. Approval.
8. Overidentification with the other's loss.

Law #6: The Law of Evaluation

You need to evaluate the effects of setting boundaries and be responsible to the other person.

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“Speak truthfully to your neighbor, for you are all members of one body.” Eph 4:25

Law #7: The Law of Proactivity

Proactive people show you what they love, what they want, what they intend, and what they stand for. These people are very different from those who are known by what they hate, what they do not like, what they stand against, and what they will not do.

Law #8: The Law Envy

God has said that He will give us the desires of our heart. The problem with envy is that it focuses outside our boundaries, onto others. If we are focusing on what others have or have accomplished, we are neglecting our responsibilities and will ultimately have an empty heart. Look at the differences in Galatians 6:4. “Each one should test his own actions. Then he can take pride in himself, without comparing himself to somebody else.”

Law #9: The Law of Activity

You must try. If you do nothing, either nothing changes and behaviors become entrenched, making them more difficult to address later, or the situation becomes worse as the other recognizes no resistance and continues pushing further into your space.

Law #10: The Law of Exposure

It defines where you begin and end. The law of exposure says that your boundaries need to be made visible to others and communicated to them in relationships. If boundaries are not communicated and exposed directly, they will be communicated indirectly or through manipulation.

The Common Myths of Boundaries:

Myth #1: If I set boundaries, I’m being selfish.

Myth #2: Boundaries are a sign of disobedience.

Myth #3: If I begin setting boundaries, I will be hurt by others.

Myth #4: If I set boundaries, I will hurt others.

Myth #5: Boundaries mean that I am angry.

Myth #6: When others set boundaries, it injures me.

Myth #7: Boundaries cause feelings of guilt.

Myth #8: Boundaries are permanent, and I’m afraid of burning my bridges.