



## Forgive Luke 17

Understanding the Role of Anger in Forgiveness: Is it Legitimate?

### PRAYER BOARD ANNOUNCEMENTS

#### Forgiveness:

1. Forgiveness as Worship: The Six Challenges of Forgiveness in Luke 17 (add Communion notes to this: Communion = celebration of forgiveness, Communion is worship.)

#### Forgiveness is not 'a choice' for Christians:

- #1.) LIVE a lifestyle that does *not* cause others to stumble (Matthew 18:6; Mark 9:42)
- #2.) GUARD your heart.
- #3.) GUARD your heart so you can rebuke while taking no offense
- #4.) Living as a forgiven person comes with responsibilities.
- #5.) ASK for supernatural help
- #6.) **Forgiveness is an act of duty....forgiveness is an act of Worship**

2. What Forgiveness Is/What Forgiveness is Not

#### 3. The Role of Anger in Forgiveness: Is it legitimate?

4. Forgiving Oneself (Understanding Your Salvation)
5. Equality Beliefs
6. Making Judgements
7. Boundaries in Forgiveness
8. Necessary Endings: The Wise, The Foolish, The Evil
9. The Role Grief Plays in Forgiveness
10. Addressing Conflict: Peace Maker v.s. Peace Lover
11. The Art of Relinquishing Control

\*Communion slaps us with forgiveness each time we enter into this ordinance

### FORGIVE LUKE 17

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### Colossians 1:13-14 (ESV)

<sup>13</sup> He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, <sup>14</sup> in whom we have redemption, the forgiveness of sins.

### Understanding the Role of Anger in Forgiveness: Is it Legitimate?

#1.) Is it a sin to be Angry?

### Ephesians 4:26a (ESV)

*“Be angry, and do not sin”*

No, it is not a sin to be Angry. The anger is not the sin. It must be how we handle it.



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#2.) Does God get Angry? YES

### A. Psalm 30:5a

*For His anger is but for a moment,  
and His favor is for a lifetime. Weeping may tarry for the night, but joy comes with the morning.*

### B. Psalm 78: 38-39

 outlines some attributes regarding God's anger:

**vs. 38a** *Yet, He, being (full of) compassionate, atoned (forgave) for their iniquity, And did not destroy them.*

Compassion present...leads to forgiveness, control of wrath

**vs. 38b** *He restrained His anger often and did not stir up all His wrath.*

Yes, many a time He turned His anger away, And did not stir up all His wrath;

HE chooses OFTEN to turn His anger away and controlled his response (wrath) so it wasn't all stirred up

**vs. 39** *He remembered that they were but flesh, a wind that passes and comes not again.*

For He remembered that they were but flesh, A breath that passes away and does not come again.

Kept who and what man is in front of His response (man is but a vapor, fragile and temporary)

- Do these verses state that God does or does not own Anger?
- Do these verses state that God does or does not make choices regarding His Anger?
- Do these verses state that God has arrived at a spiritual plane and therefore does not experience Anger?

ANGER IS AN ATTRIBUTE OF GOD

So...?ASK: Is it a sin to be angry?

#3.) Does Jesus get angry?

**Matthew 21:12- 13** [right after the triumphal entry]

<sup>12</sup> *And Jesus entered the temple and drove out all who sold and bought in the temple, and he overturned the tables of the money-changers and the seats of those who sold pigeons.*

<sup>13</sup> *And He said to them, "It is written, My house will be called a house of prayer. But you are making it a den of thieves!"<sup>(A)</sup>*



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### Cross references

#### A. Jeremiah 7:11

<sup>11</sup> *Has this house, which is called by My name, become a den of robbers<sup>(A)</sup> in your view? Yes, I too have seen it.* <sup>(B)</sup> *This is the Lord's declaration.*

#### John 2:14-16

<sup>14</sup> <sup>(A)</sup> *In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers sitting there.* <sup>15</sup> *And making a whip of cords, he drove them all out of the temple, with the sheep and oxen. And he poured out the coins of the money-changers and overturned their tables.* <sup>16</sup> *And he told those who sold the pigeons, "Take these things away; do not make <sup>(B)</sup>my Father's house a house of trade."*

- Why was Jesus angry (this will help us understand the intensity of His anger)  
[MNBS notes]

### #4.) Can Anger be a motivator for good?

#### Ephesians 4:25-27

<sup>25</sup> *Therefore, having put away falsehood (lying), let each one of you <sup>(A)</sup> speak the truth with his neighbor, for <sup>(B)</sup>we are members one of another.* <sup>26</sup> <sup>(C)</sup> *Be angry and do not sin; do not let the sun go down on your anger,* <sup>27</sup> *and <sup>(D)</sup>give no opportunity to the devil.*

### Cross references

#### VERSE 25

A.. **Colossians 3:9** *Do not lie to one another, seeing that you have put off the old self with its practices*

**Ephesians 4:15** *Rather, speaking the truth in love, we are to grow up in every way into him who is the head,...*

**Zech 8:16** *These are the things you must do: Speak truth to one another; make true and sound decisions within your gates*

B. **Romans 12:5** *so we, though many, are one body in Christ, and individually members one of another.*

C.. **Ps 4:4** *Be angry and do not sin; on your bed, reflect in your heart and be still. Selah*

**Ps 37:8** *Refrain from anger and give up your rage; do not be agitated—it can only bring harm.*

D.. **James 4:7** *Submit yourselves therefore to God. Resist the devil, and he will flee from you.*

### #5.) Mishandling Anger has dire (terrible, disastrous) consequences

#### Ephesians 4:30-32

<sup>30</sup> *And <sup>(J)</sup>do not grieve the Holy Spirit of God,*

J. **Isaiah 63: 10** *But they rebelled and grieved his Holy Spirit; therefore he turned to be their enemy, and therefore he turned to be their enemy, and himself fought against them.*

**1 Thess 5:19** *Do not quench the Spirit.*



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Grieve: **mourn**, feel sad, be sad, lament, suffer, be distressed, be upset, be unhappy, sorrow, sadden **afflict**, pain, distress, aggrieve, upset, sadden, depress, hurt

How do we grieve the Holy Spirit?

~~Hanging on to anger, which grows into unforgiveness, which grows into bitterness, rage, fighting, speaking bad of people, wanting to hurt/harm others.~~

<sup>(K)</sup>by whom you were sealed

K. **Eph 1:13** In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit,

for the day of <sup>(L)</sup>redemption.

L. **Eph 1:7** In him we have <sup>(B)</sup>redemption <sup>(C)</sup>through his blood, <sup>(D)</sup>the forgiveness of our trespasses, <sup>(E)</sup>according to the riches of his grace,

**How do we grieve the Holy Spirit?**

<sup>31 (M)</sup>Let all bitterness and wrath(rage) and anger and clamor(brawling) and slander (evil speaking) be put away from you, along with all malice.

M. **Col 3:8** But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth.

<sup>32 (N)</sup>Be kind to one another, tenderhearted,

N. **Col 3:12-13** Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility,...

**1 Peter 3:8** Finally, all of you, have unity of mind, sympathy, brotherly love, a tender heart, and a humble...

<sup>(O)</sup>forgiving one another, as God in Christ forgave you.

O. **2 Cor 2:5-7** Now if anyone has caused pain, he has caused it not to me, but in some measure—not to put it too severely—to all of you. <sup>6</sup>For such a one, this punishment by the majority is enough, <sup>7</sup>so you should rather turn to forgive and comfort him, or he may be overwhelmed by excessive sorrow.

**2 Corinthians 2:10** Anyone whom you forgive, I also forgive. Indeed, what I have forgiven, if I have forgiven...

**Mt 6:14** For if you forgive others their trespasses, your heavenly Father will also forgive you,

“Don’t grieve God. Don’t break His heart. His Holy Spirit, moving and breathing in you, is the most intimate part of your life, making you fit for himself. Don’t take such gifts for granted. Make a clean break with all cutting, backbiting, profane talk. Be gentle with one another, sensitive. Forgive one another as quickly and thoroughly as God in Christ forgave you.” (MSG)



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### **It is okay to be Angry when....**

Someone who has wronged me knew they were doing something wrong and did it anyway.

Someone has purposely treated me as lesser than them.

Someone has tried to publicly humiliate me.

Someone has tried to intimidate me in private or in public.

Repeatedly I have tried to work out conflict with someone, and they have made fun of me or ignored my attempts.

Someone has purposely taken advantage me.

A person had the opportunity to make a bad situation between us better and has repeatedly refused to do so.

An evil person has purposely hurt me, taken advantage of me.

### **L/G WHAT WOULD YOU ADD?**

NOTE: Feelings can be the alert that our boundaries have been crossed or beaten or ignored. They do not lead the march into conflict, but they are the warning system.

#### **Legitimacy Check List**

(How to define if your emotional struggles with this issue are legitimate)

- My life has been adversely impacted by someone who has had serious personal problems.
- I have had a willingness to work out interpersonal tensions, yet it has not born fruit.
- The person who wronged me knew he or she was doing wrong, but persisted anyway.
- In spite of my attempts to be reasonable, I have been faced with stubbornness or repeated wrongs.



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### Understanding the Role of Anger in Forgiveness: Is it Legitimate?

- I feel that my good nature was clearly taken advantage of.
- My sense of trust or loyalty ultimately worked to my disadvantage.
- My desire for a fair and pleasing relationship was not matched with similar commitment or enthusiasm.
- As I look back upon the wrong behavior of another person toward me, I realize it was propelled by selfish or controlling motives.
- The misdeeds of the other person toward me could have been altered but were not.
- I have felt as if I was being treated as an inferior person.

From: THE CHOOSING TO FORGIVE WORKBOOK by Les Carter, Ph.D. & Frank Minirth, M.D.

## L/G AGREE/DISAGREE

### The Role of Anger OR The Byproducts of Anger

Think about these behaviors:

- Because of past pain I feel I need to keep my guard up more carefully than before. (Is this wisdom? Not being so naïve.)
- My sense of dignity was harmed, and I now want to hold more firmly to that dignity.
- I have resolved that wrong was done to me, and I need to do all that is possible to see that it is not repeated.
- Virtually anyone else who experienced what I did would probably have felt angry just as I did.
- Because of past mistreatment, I am more resolved than ever to hold on to firm convictions.
- My emotional scars remind me of how I need to be more forthright about my feelings and needs.
- I tend to be more sensitive toward others when I learn they have been subjected to difficult circumstances similar to my own.
- When I sense that the wrongdoer could still commit the same misdeeds as in the past, I wince as I recall my feelings associated with that memory.
- I now have a desire to speak out more immediately when I witness foul treatment.
- You could say that I'm not as naïve or as innocent as I used to be.

- 1.) Are these ALL a BY PRODUCT of anger?
- 2.) Are they healthy to have and to experience?
- 3.) Do these behaviors help establish new boundaries?
- 4.) Do these behaviors help with self discovery? What is really important to us?



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5.) Do these behaviors help us make safe decisions?

### 6.) Do these behaviors develop because this is part of how we are designed?

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Read to you Jesus' ie: (Just listen)

Mark 11:13-32

<sup>11</sup> But <sup>h</sup>the chief priests stirred up the crowd, so that he should rather release Barabbas to them. <sup>12</sup> Pilate answered and said to them again, "What then do you want me to do with Him whom you call the <sup>i</sup>King of the Jews?"

<sup>13</sup> So they cried out again, "Crucify Him!"

<sup>14</sup> Then Pilate said to them, "Why, <sup>j</sup>what evil has He done?"

But they cried out all the more, "Crucify Him!"

<sup>15</sup> <sup>k</sup>So Pilate, wanting to gratify the crowd, released Barabbas to them; and he delivered Jesus, after he had scourged Him, to be <sup>l</sup>crucified.

<sup>16</sup> <sup>m</sup>Then the soldiers led Him away into the hall called <sup>3</sup>Praetorium, and they called together the whole garrison. <sup>17</sup> And they clothed Him with purple; and they twisted a crown of thorns, put it on His head, <sup>18</sup> and began to salute Him, "Hail, King of the Jews!" <sup>19</sup> Then they <sup>n</sup>struck Him on the head with a reed and spat on Him; and bowing the knee, they worshiped Him. <sup>20</sup> And when they had <sup>o</sup>mocked Him, they took the purple off Him, put His own clothes on Him, and led Him out to crucify Him.

<sup>21</sup> <sup>p</sup>Then they compelled a certain man, Simon a Cyrenian, the father of Alexander and Rufus, as he was coming out of the country and passing by, to bear His cross. <sup>22</sup> <sup>q</sup>And they brought Him to the place Golgotha, which is translated, Place of a Skull. <sup>23</sup> <sup>r</sup>Then they gave Him wine mingled with myrrh to drink, but He did not take it.

<sup>24</sup> And when they crucified Him, <sup>s</sup>they divided His garments, casting lots for them to determine what every man should take.

<sup>25</sup> Now <sup>t</sup>it was the third hour, and they crucified Him. <sup>26</sup> And <sup>u</sup>the inscription of His <sup>4</sup>accusation was written above:

THE KING OF THE JEWS.

<sup>27</sup> <sup>v</sup>With Him they also crucified two robbers, one on His right and the other on His left. <sup>28</sup> <sup>5</sup>So the Scripture was fulfilled which says, <sup>w</sup>"And He was numbered with the transgressors."

<sup>29</sup> And <sup>x</sup>those who passed by blasphemed Him, <sup>y</sup>wagging their heads and saying, "Aha! <sup>z</sup>You who destroy the temple and build it in three days, <sup>30</sup> save Yourself, and come down from the cross!"



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<sup>31</sup> Likewise the chief priests also, <sup>a</sup>mocking among themselves with the scribes, said, “He saved <sup>b</sup>others; Himself He cannot save. <sup>32</sup> Let the Christ, the King of Israel, descend now from the cross, that we may see and <sup>6</sup>believe.”

Even <sup>c</sup>those who were crucified with Him reviled Him.

His whole life works appears to amount to nothing!

How did Jesus handle this?

Luke 23:34

“Then Jesus said, ‘Father forgive them for they do not know what they are doing.’”

Notice Jesus did not say, I forgive you.

He asked the holder of the penalty to totally erase their wrong doing...so no payment would be extracted.

Would you be able to ask that, pray that, for the ‘two really mean things’?

**W.F.? = 4.) JC did, so we should to follow His example**

? What happens to us when we don’t forgive?

The parable of the King and Servant

READ NIV Matthew 18:21-35 (seventy times seven)

Matthew 18

### **The Parable of the Unforgiving Slave**

<sup>21</sup>Then Peter came to Him and said, “Lord, how many times could my brother sin against me and I forgive him? As many as seven times?”<sup>(u)</sup>

<sup>22</sup>“I tell you, not as many as seven,” Jesus said to him, “but 70 times seven.<sup>(t)</sup> <sup>23</sup>For this reason, the kingdom of heaven can be compared to a king who wanted to settle accounts with his slaves. <sup>24</sup>When he began to settle accounts, one who owed 10,000 talents<sup>(s)</sup> was brought before him. <sup>25</sup>Since he had no way to pay it back, his master commanded that he, his wife, his children, and everything he had be sold to pay the debt.<sup>(w)</sup>

<sup>26</sup>“At this, the slave fell facedown before him and said, ‘Be patient with me, and I will pay you everything!’ <sup>27</sup>Then the master of that slave had compassion, released him, and forgave him the loan.

<sup>28</sup>“But that slave went out and found one of his fellow slaves who owed him 100 denarii.<sup>(t)(w)</sup> He grabbed him, started choking him, and said, ‘Pay what you owe!’

<sup>29</sup>“At this, his fellow slave fell down<sup>(u)</sup> and began begging him, ‘Be patient with me, and I will pay you back.’ <sup>30</sup>But he wasn’t willing. On the contrary, he went and threw him into prison until he could pay what was owed. <sup>31</sup>When the other slaves saw what had taken place, they were deeply distressed and went and reported to their master everything that had happened.





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<sup>32</sup>"Then, after he had summoned him, his master said to him, 'You wicked slave! I forgave you all that debt because you begged me. <sup>33</sup>Shouldn't you also have had mercy on your fellow slave, as I had mercy on you?'<sup>(a)</sup> <sup>34</sup>And his master got angry and handed him over to the jailers to be tortured until he could pay everything that was owed. <sup>35</sup>So My heavenly Father will also do to you if each of you does not forgive his brother<sup>(a)</sup> from his<sup>(a)</sup> heart."<sup>(a)</sup>

And that's exactly what my Father in heaven is going to do to each one of you who doesn't forgive unconditionally anyone who asks for mercy."

What happens to us when we don't forgive?

**We show indifference...**

Indifference to the greatest thing God did.

Sending Jesus to die on the cross for our sins.

To be forgiven for so much, we cannot forgive the smaller things.

**W.F.? = 5.) So we do not have to hold the penalty for our sins**

**Can I forgive w/o expecting the wrong doer to receive any penalty AT ALL!**

They probably deserve it.

How do I forgive unconditionally?

What does that look like?

Do I even want to do it?

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### The Role of Anger

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#### Is 45:19b

*I would not have told the people of Israel to seek me if I could not be found.*

**Forgiveness is not an occasional act. It is a permanent attitude.**  
**MLK, Jr.**

**He who angers you,  
Controls you!**

SKIT: What unforgiveness looks like:

String (T.P if no string) = what hurts us

Call out things that hurt you

(Have subject attempt to do everyday processes (read, eat, phone))

If you do nothing with your hurt but let it 'hang' on you, what happens?

Can grow into: Belligerence

Withdrawal

Frustration

Loss of self esteem.....grows into

Anger.....develops into

Unforgiveness

#### Ephesians 4:1-2

*Lead a life worthy of your call making allowance for each other's faults*

**Matthew 18:21** Then Peter came to Him and said, "Lord, how many times could my brother sin against me and I...

**James 1:19-20** My dearly loved brothers, understand this: Everyone must be quick to hear, slow to speak, and...